

**BC**

# TAEKWONDO

## Championships

**Saturday March 7, 2015**

2015



**Capilano University**

*2055 Purcell Way, North Vancouver*

**ID PICK UP: 8:30 AM**  
**OPENING CEREMONY: 9:00 AM**  
**COMPETITION: 9:30 AM**

**FOR MORE INFORMATION :**  
**604-299-4590 / 604-986-5558**  
**metrotkd@shaw.ca**



### ADMISSION

**ADULT: \$5.00**  
**FAMILY: \$10.00**  
**UNDER 6: FREE**

**ONLINE REGISTRATION : [www.tkdregister.com/2015bcchamp/](http://www.tkdregister.com/2015bcchamp/)**

ORGANIZED & SANCTIONED BY  
WTF TAEKWONDO FEDERATION OF B.C



# 2015 BC Taekwondo Championships

On behalf of the BC Taekwondo Federation I would like to give you all a warm welcome to the 2015 BC Taekwondo Championships and Team Trials. For a lot of athletes the BC Championships represents their first ever championships and for others it is a stepping stone on the way to the Canadian National Championships later this year. Where ever you are in your Taekwondo development, this annual tournament continues to be an excellent event in our province because of your support - so thank you very much.



Last year we added wireless electronic scoring for all rings and this we are looking to continue to make our tournaments better by adding IVR (Instant Video Replay) for our Senior Black belts. One area that is becoming much more popular in other parts of Canada and other parts of the world is sport poomse. Because of this trend the BC Taekwondo Federation of BC is hosting a special poomse seminar on Feb. 28th and March 1st of this year. At the seminar, interested athletes and coaches will learn the finer details needed for success in competition poomse. The federation is happy to provide support for attending this workshop so be sure to register for this event soon.

I would like to recognize all of our BC athletes that competed at the 2015 US Open and 2015 Canada Open which were recently held this past January and February.

In closing, it takes dedicated people to make this event even possible so I would like to extend a warm thank you to all the referees, officials and volunteers for their sacrifice at this event. We all cannot thank you enough, this event truly would not be possible without your help. So everyone, cheer loudly, cheer hard and above all lets keep this a safe event. Good luck to all our competitors!

Grandmaster Dae Lim  
President, WTF British Columbia

## GENERAL INFORMATION

<b>Location :</b>	<b>Capilano University</b> 2055 Purcell Way, North Vancouver, B.C.
<b>Date :</b>	<b>Saturday, March 7, 2015</b>
<b>Entry Fee :</b>	One event (Pattern or Sparring) : \$50.00 Two events (Pattern and Sparring) : \$60.00 <b>Please Note: Entry fees do not include any incurred online service charges.</b>
<b>Competitor &amp; Coaches ID Pick Up :</b>	8:30 am - 9:30 am ( <b>ID pickup must be by official school representative only</b> )
<b>Championship Begins :</b>	9:30 am. Color belt Poomse (Including Junior & Senior Black Belt)
<b>Opening Ceremony &amp; Demonstration :</b>	9:00am
<b>Registration :</b>	<b>Please Note: The 2015 BC Championships will be online registration only. There will be no refund.</b> <b>No handwritten applications will be accepted.</b> To register, please go to: <a href="http://www.tkdregister.com/2015bcchamp/">http://www.tkdregister.com/2015bcchamp/</a> and follow the online instructions.
<b>Registration Deadline :</b>	Monday, March 2, 2015, 10pm Pacific Time. <b>ABSOLUTELY NO REGISTRATION AT THE DOOR.</b>
<b>Black Belt Weigh-in :</b>	This is for Senior and Junior. As this will be an official game for Senior and Junior, all black belts will use the official rings with electronic scoring. <b>Please note:</b> points and funding will be for senior athletes only. (Competitors will have a 1kg allowance), competitors from out of town will be permitted to weigh in the day of the tournament. Weigh in will be on Friday March 6th from 7-8pm at Metro Taekwondo: 4543 Hastings Street, Burnaby. Phone: 604-299-4590.
<b>Spectator Fee :</b>	Family: \$10.00     Adult: \$5.00     Children under 6: FREE
<b>Equipment :</b>	Chest protector, Head gear, Groin cup, Mouth guard, Arm/Shin guards, and TKD uniform are mandatory. <b>(Headgear must match the colour of the chest gear being worn. The only exception is white or black.)</b> All Junior Black Belts (15-17) and Senior Black Belts (17+) will require Daedo Sensor Socks. Please see your School Master to purchase these socks as they are available at select suppliers.
<b>Sparring Rounds :</b>	Adult Black Belts - 2 rounds / 2 minutes Color Belts - 2 rounds / 1 minute
<b>Rules :</b>	<b>All COLOR BELTS - NO FACE KICK ALLOWED</b> <b>UNDER 12 BLACK BELT - NO FACE KICK ALLOWED</b> <b>12 &amp; UP BLACK BELTS - FACE KICK ALLOWED</b> <b>CURRENT WTF RULES WILL APPLY TO OFFICIAL JUNIOR AND SENIOR BLACK BELTS.</b>
<b>Awards :</b>	<b>1ST / 2ND / 3RD MEDALS</b>
<b>Qualifications :</b>	As according to the WTF Taekwondo Federation of B.C. Constitutional bylaws.
<b>Accommodations:</b>	Holiday Inn - 700 Old Lillooet Road North Vancouver. Phone:604-985-3111. Registered under B.C. Tae Kwon Do Federation. See <a href="http://www.taekwondobc.com">www.taekwondobc.com</a> - Travel/Accommodation SPORT BC Sandman Inn rebates for BC TKD members.