TAEKNONDO CHAMPIONSHIPS

POOMSE DIVISION! BOARD BREAKING DIVISION! SPARRING DIVISION!

ID PICK UP : 8:30 AM OPENING CEREMONIES: 11:30 AM COMPETITION: 9:30 AM

ADMISSION

ADULT: \$5 FAMILY: \$10 UNDER 6: FREE

GENERAL INQUIRIES

604-299-4590

METROTKD@SHAW.CA, MILAD.BAHRAMI@PORTMOODYTAEKWONDO.COM

VENUE

RICHMOND CURLING CLUB: 5540 HOLLYBRIDGE WAY, RICHMOND, B.C. V7C 4N3

FOR MORE INFO: WWW.TAEKWONDOBC.COM

ONLINE REGISTRATION: WWW.TKDREGISTER.COM/2015BCOPEN











2015 B.C. OPEN TAEKWONDO CHAMPIONSHIPS

On behalf of the BC Taekwondo Federation, I would like to welcome everyone to our first Annual 2015 BC Open Taekwondo Championships. At this first ever event, I would like to personally welcome our honored guests from Washington, California, Alberta, and other provinces. Taekwondo has unified many people together and we are grateful for everyone's support and participation at this tournament.

Like all other tournaments, competitors will be able to showcase their hard earned skills and spirit as true Taekwondo martial artists. At this year's Championships, I am very excited to announce a new event in the form of Breaking Techniques. Board breaking is a spectacular and exciting component of Taekwondo and we hope our students enjoy this new event.

I would also like to take this opportunity to wish all of our BC competitors good luck at the 2015 Canadian National Taekwondo Championships in Montreal later in June. I am confident that our athletes will proudly represent our province and bring back medals for their work. All competitors should be reminded by their achievement that hard work and dedication do provide great opportunities that open many doors in the sport of Taekwondo and other endeavors.

I would like to thank all the Masters, Officials, Referees, our Committees, and volunteers for their dedication and commitment in preparing this year's BC Taekwondo Championships. All family member's and supporter's enthusiastic cheers for our athletes at this BC Open are greatly appreciated. I look forward to seeing everyone at this year's BC Open.

Sincerely, Master Song Chul Kim President, World Taekwondo Federation of B.C.

GENERAL INFORMATION	
Location :	Richmond Curling Club 5540 Hollybridge Way, Richmond B.C.
Date :	Saturday, June 20, 2015
Entry Fee :	One event (Pattern or Sparring or Breaking) : \$50.00 Two events (Any Combination) : \$65.00 Three events (Pattern, Sparring, and Breaking) : \$80.00 *Breaking Division* - Participants will be given 3 boards (provided) and will be required to perform 3 techniques of their choice in succession. Points will be awarded based on technical difficulty, presentation, and creativity.
ID Pick Up : Opening Ceremony :	8:30 am - 9:30 am 11:30am
Championship Begins :	Poomsae will start at 9:30am, Sparring will commence immediately after Poomse, approx. 11am. *No Lunch Break*
General Enquiries & Registration :	Online registration only: <u>www.tkdregister.com/2015bcopen</u> Any questions can call either 604-299-4590 or 604-936-9929 or email: <u>metrotkd@shaw.ca</u>
Black Belt Weigh-in :	Weigh in and electronic scoring for Juniors (15-17) and Seniors (17+) only, NOT Cadets (competitors will have a 1kg allowance). Competitors from out of town will be permitted to weigh in the morning of the tournament at the venue. Weigh in will be on Friday, June 19th from 4pm-6pm at Executive Airport Plaza Hotel & Conference Centre 7311 Westminster Highway Richmond B.C.
Registration Deadline :	Tuesday, June 16th, 2015, 9pm, Pacific Time. Note: The 2015 B.C. Open Championships is online registration only. There will be no refunds. No handwritten applications will be accepted. To register, please go to: www.tkdregister.com/2015bcopen
Spectator Fee :	Family: \$10.00 Adult: \$5.00 Children under 6: FREE
Equipment :	Chest protector, Head gear, Groin cup, Mouth guard, Arm/Shin guards, and TKD uniform are manditory. Headgear colour must match the chestgear (white & black acceptable).
Sparring Rounds :	Black Belts - 2 rounds / 2 minutes Color Belts - 2 rounds / 1 minute, Senior Black Belts - 3 rounds / 2 minutes
Rules :	Current WTF Rules Apply to the Official Black Belts All COLOR BELTS - NO FACE KICK ALLOWED UNDER 12 BLACK BELT - NO FACE KICK ALLOWED 13 & UP BLACK BELTS - FACE KICK ALLOWED
Awards : Qualifications :	1ST / 2ND / 3RD MEDALS As according to the WTF Taekwondo Federation of B.C. Constitutional bylaws.
Accommodations:	Executive Airport Plaza Hotel & Conference Centre 7311 Westminster Highway (Registered under 2015 BC Taekwondo Open) Richmond, BC V6X 1A3 Tel (604) 207-7171 Web: www.executivehotels.net

