

#### **BC Taekwondo Federation**

2930 Lonsdale Avenue, North Vancouver, B.C. V7N 4H9

## **PHO Restrictions and Vaccination Requirements**

What is presented below is meant to be a brief outline of the current restrictions and vaccination requirements of the British Columbia Health Organization as they pertain to the sport of Taekwondo.

Certain dojangs and Taekwondo schools may implement stricter requirements at their own discretion.

Please be advised that these restrictions and requirements are only temporary and are subject to change with continued developments of the COVID-19 Omicron virus strain.

# PHO Restrictions (Updated February 17, 2022)

Sport tournaments are now allowed.

All activities that would typically take place in a sport environment may continue.

Spectators: seated and standing capacity is at 100%

- Adult indoor and mixed-age sport and recreation programs are at 100% of capacity/occupancy
  of the space. Masking mandates and vaccination passports are still enforced.
- Children and youth programs remain at 100% capacity/ occupancy.

Full contact is allowed while on the field of play such as during sparring or self-defense.

Sanitization and safety measures as regards cleaning kick pads and dojang surfaces should continue as before.

## **Group Size and Masks for Indoor Taekwondo**

- There is no maximum group size for participants, coaches, volunteers, staff and officials.
- Physical distance does not need to be maintained on the field of play. Off the field of play maintain distance where possible.
- Masks: not recommended on the field of play.
- Masks are mandatory off the field of play.



#### **BC Taekwondo Federation**

2930 Lonsdale Avenue, North Vancouver, B.C. V7N 4H9

## **Group Size and Masks for Outdoor Taekwondo**

- There is no maximum group size for participants, coaches, volunteers, staff and officials
- Physical distance does not need to be maintained on or off the field of play.
- Masks: not required on or off the field of play

# **Vaccination Requirements**

## Where to show proof of vaccination (two doses):

### Youth Taekwondo (21 years and younger) – Indoor

## **Proof of vaccination is NOT REQUIRED for:**

Youth (21 and younger) participating in sport events and programming.

#### **Proof of vaccination is REQUIRED for:**

- Supervisors\* (12 and older) for youth sport events and programming.
- Youth (12 and older) participating in sport programming and events primarily intended for adults.

#### Youth Taekwondo (21 years and younger) - Outdoor

## **Proof of vaccination is NOT REQUIRED for:**

- Youth (21 and younger) participating in sport events and programming.
- Supervisors\* for youth sport events and programming.

### Adult Taekwondo (22 years and older) - Indoor

#### **Proof of vaccination is REQUIRED for:**

- Adult participants and supervisors\* of sport events and programming.
- Adults participating with youth (21 and younger) in sport events and programming.



#### **BC Taekwondo Federation**

2930 Lonsdale Avenue, North Vancouver, B.C. V7N 4H9

## Adult Taekwondo (22 years and older) – Outdoor

#### **Proof of vaccination is NOT REQUIRED for:**

Adults participating in outdoor sports, including for those who come indoors to use amenities such as change rooms and meeting rooms for groups under 51.

## **Spectators - Indoor**

Proof of vaccination is REQUIRED at all sport events and programs.

## **Spectators – Outdoor**

Proof of vaccination is NOT REQUIRED.

## **Definitions**

## \*Supervisor

Refers to a person leading, supporting or assisting a sport activity, but who is not working as an employee. This includes parents required to be present at a child/youth program.

## **Adult Sport**

Means organized individual or group sport activities for those aged 22 and older.

## For more information, please see the links below:

## If you test positive for COVID-19

http://www.bccdc.ca/health-info/diseases-conditions/covid-19/if-you-have-covid-19

#### **Proof of Vaccination**

Proof of vaccination - Province of British Columbia (gov.bc.ca)