

# BC TAEKWONDO

## CHAMPIONSHIPS

SATURDAY APRIL 9, 2022



JUNIOR/SENIOR BLACK BELT  
LOWER MAINLAND WEIGH-IN: APRIL 8, 2022  
TIME: 5:00PM - 6:30PM, CAPILANO ROOM  
HOLIDAY INN EXPRESS METROTOWN  
ISLAND / INTERIOR WEIGH-IN  
SATURDAY AT THE VENUE

DOORS OPEN: 8:30AM  
POOMSAE: 9:30AM  
OPENING CEREMONY: 11:30AM  
SPARRING: 1:00PM

FOR MORE INFORMATION:  
[tournaments@taekwondobc.com](mailto:tournaments@taekwondobc.com)  
[stevelarge@shaw.ca](mailto:stevelarge@shaw.ca) (Registration Site Only)

ONLINE REGISTRATION: <https://tournaments.taekwondobc.com/2022-bc-champs/>  
ALL OFFICIAL BLACK BELTS REQUIRE KP&P SOCKS  
ORDER YOUR SOCKS AT: [www.captainsports.ca](http://www.captainsports.ca)

**B.C.I.T. CAMPUS**

**3700 WILLINGDON AVE, BURNABY B.C.**



### ADMISSION

SINGLE: \$5.00  
FAMILY: \$10.00  
UNDER 6: FREE



# 2022 BC Taekwondo Championships

Welcome back!

Covid has definitely tested our resilience and here we are again back to live events. On behalf of the BC Taekwondo Federation, I would like to give all of you a congratulatory welcome to our 2022 BC Taekwondo Championships. BC Taekwondo's annual Championships have a long standing tradition of competitors competing in the spirit of good sportsmanship and respect, showcasing their hard earned skills and competitive spirit.

This year's BC Taekwondo Championships will be a celebration of our Province's best from the grassroots level all the way up to high performance and athletes for life. We also look forward to sending our high performance sparring athletes to the upcoming Canadian National Championships later in April of this year which will take place in Ontario. All competitors for this Provincial Championships should be reminded by their achievement that hard work and dedication provide great opportunities that will open many doors in the sport of Taekwondo.

The BC Taekwondo Federation has been blessed with dedicated club owners, students and parents during the last 2 years of challenges. We are looking forward to many more years of success for the benefit of all our athletes and Taekwondo members in B.C. this year in 2022 and onwards.

Recently, I have been honored with the appointment of Chair of the Technical Committee for World Taekwondo. I wish to continue supporting all of our athletes and Taekwondo BC members as best as I can. I would like to thank all the Masters, officials, referees, and volunteers for their dedication and commitment in preparing this year's B.C. Championships. All family members' and supporters' cheers and encouragement for our athletes are greatly appreciated. I am looking forward to seeing you all at this year's BC Taekwondo Championships.

Sincerely,

Senior Master Song Chul Kim

President, World Taekwondo Federation of British Columbia



## GENERAL INFORMATION

<b>Location :</b>	<b>Building SE16, B.C.I.T. Campus - 3700 Willingdon Ave, Burnaby B.C.</b>
<b>Parking:</b>	<b>Please use parking lot Lot D or F</b>
<b>Date :</b>	<b>Saturday, April 9, 2022</b>
<b>Entry Fee :</b>	One event (Poomsae or Sparring) : \$75.00 Two events (Poomsae and Sparring) : \$90.00 Three events (Poomsae, Free Syle Poomsae, Sparring) : \$100.00 Four events (Poomsae, Free Syle Poomsae, Pairs Poomsae, Sparring) : \$115.00
<b>Competitor &amp; Coaches ID Pick Up :</b>	8:30 am - 9:30 am ( ID pickup must be by official school representative only)
<b>Championship Begins :</b>	9:30 am. All color belt and Black Belt Poomsae. Sparring at 1:00 pm
<b>Opening Ceremony &amp; Demonstration :</b>	11:30 am
<b>Registration :</b>	<b>Please Note: The 2022 BC Championships will be online registration only. There will be no refund.</b> <b>No handwritten applications will be accepted.</b> To register, please go to: <a href="https://tournaments.taekwondobc.com/2022-bc-champs/">https://tournaments.taekwondobc.com/2022-bc-champs/</a> and follow the online instructions.
<b>Registration Deadline :</b>	Tuesday, April 5, 2022, 10pm Pacific Time. <b>ABSOLUTELY NO REGISTRATION AT THE DOOR.</b>
<b>Black Belt Weigh-in :</b>	Holiday Inn Express Metrotown (Capilano Room) – 4405 Central Boulevard for Junior and Senior black belt only April 8th from 5:00pm to 6:30pm. Island / interior: At the venue before the competition – Procedure: present Kukkiwon card and state weight category (ie “welter weight”)(1 kilo allowance permitted – ABSOLUTELY NO EXCEPTIONS, NO CATEGORY JUMPING) Contact info: <a href="mailto:tournaments@taekwondobc.com">tournaments@taekwondobc.com</a> Registration Website Only: <a href="mailto:stevlarge@shaw.ca">stevlarge@shaw.ca</a>
<b>Spectator Fee :</b>	Single: \$5.00      Family: \$10.00      Children under 6: FREE
<b>Equipment :</b>	Chest protector, Head gear, Groin cup, Mouth guard (clear or white only), Arm/Shin guards, and TKD uniform are mandatory. <b>(Headgear may be white or black or must match the colour of the chest gear being worn.)</b> <b>All Cadet (12-14), Junior (15-17) and Senior Black Belts (17+) will require KP&amp;P E-Socks.</b> KP&P socks purchased directly at <a href="http://www.captainsports.ca">www.captainsports.ca</a> <b>Please note: All braces (top and bottom) must be covered with a mouthguard.</b>
<b>Sparring Rounds :</b>	Official Black Belts - 2 rounds / 2 minutes Color Belts - 2 rounds / 1 minute
<b>Rules :</b>	<b>ALL COLOR BELTS - NO FACE KICK ALLOWED</b> <b>UNDER 12 BLACK BELT - NO FACE KICK ALLOWED</b> <b>12 &amp; UP BLACK BELTS - FACE KICK ALLOWED</b> <b>CURRENT WT RULES WILL APPLY TO OFFICIAL CADET, JUNIOR, AND SENIOR BLACK BELTS.</b>
<b>Official Poomsae:</b>	Official Black Belt Poomsae Divisions - Individual male and female: Cadet (12-14), Junior (15-17), Under 30 (18-30) and Under 40 (31-40), Mixed pairs (all ages), Over 40+, Freestyle Poomsae: Open individual (all ages).
<b>Awards :</b>	<b>1ST / 2ND / 3RD MEDALS</b>
<b>Qualifications :</b>	As according to the WT Taekwondo Federation of B.C. bylaws.
<b>Accommodations:</b>	Holiday Inn Express Metrotown - 4405 Central Boulevard, Vancouver for out-of-town coaches and athletes (\$189+tax per night)