

2024 BC TAEKWONDO OPEN

AND

OFFICIAL POOMSAE TEAM TRIALS

SUNDAY, FEBRUARY 11, 2024



POOMSAE & SPARRING

BLACK BELT SPARRING COMPETITORS 12 AND OVER
REQUIRE KPMP SOCKS - NO WEIGH-IN
BLACK BELT POOMSAE COMPETITORS 12 AND OVER
REQUIRE OFFICIAL WT POOMSAE UNIFORMS



ID PICKUP: 8:30AM - 9:00 AM
POOMSAE: 9:00 AM
SPARRING: AFTER OPENING CEREMONIES

ADMISSION
\$10.00 PER PERSON
4 YEARS AND UNDER
FREE!

GENERAL INQUIRIES
TOURNAMENTS@TAEKWONDOBC.COM

VENUE
100 The Pointe, 999 Canada
Place, Vancouver BC
V6C 3T4

ONLINE REGISTRATION: <https://fitofan.com/bcopen2024>



Greetings From Our President



On behalf of the BC Taekwondo Federation, I am thrilled to announce that the 2024 BC Taekwondo Open and Official Poomsae Team Trials is shaping up to be one of the most exciting and highly-anticipated taekwondo events of the year!

Taking place on February 11, 2024, at Canada Place in Vancouver, this tournament will be a showcase of the best taekwondo athletes from across British Columbia as they gather to compete in a safe and professional environment.

Our team of dedicated masters, volunteers, and committee members have been working tirelessly to ensure that this tournament will be one to remember. From the moment the doors open to the final awards ceremony, our goal is to provide a truly exceptional experience for everyone in attendance.

This is your chance to witness the athleticism, passion, and discipline of some of the best taekwondo athletes in B.C. as they push their limits and strive for victory. Don't miss this opportunity to be a part of the 2024 BC Taekwondo Open and Official Poomsae Team Trials.

Sincerely,

Senior Master Song Chul Kim
President of Taekwondo BC
WT Technical Chair

GENERAL INFORMATION

- Venue :** **Canada Place**
100 The Pointe, 999 Canada Place, Vancouver B.C.
- Date :** **Sunday, February 11, 2024**
- Entry Fees :** \$80 for each event.
**Please note: prices do not include online registration fees.*
- ID Pick Up :** 8:30 am - 9:00 am
- Opening Ceremony :** To begin after poomsae competition.
- Championship Begins :** Poomsae will start at 9:00am
All Sparring will start after the Opening Ceremonies.
- General Enquiries & Registration :** Online registration only: <https://fifofan.com/bcopen2024>
Any questions can email: tournaments@taekwondobc.com
- Black Belt Weigh-in :** No weigh-in. Sparring competitors will enter their weight when registering and may be asked to verify at the venue.
- Registration Deadline :** Wednesday, February 7, 2024, 11:59pm, Pacific Time. There will be no refunds. No hand written applications will be accepted.
To register please go to: <https://fifofan.com/bcopen2024>
- Spectator Fee :** Spectator Admission to this event is \$10.00 (**Cash Only at the door**) / under 4 years free!
- Equipment :** Chest protector, Head gear, Groin cup, Mouth guard (Clear or white only), Arm/Shin guards, and TKD uniform are mandatory.
Headgear colour must match the chestgear (white & black acceptable).
All Black Belt sparring competitors 12 years and above will require KP&P Socks.
- Sparring Rounds :** All Black Belts: Best of 3 (prelims and finals = 3 rounds of 2 minutes each; 1 min break)
Colour Belts: Best of 3 (prelims and finals = 3 rounds of 1 min each; 30 sec break)
The tournament committee reserves the right to change the number of rounds and/or duration as needed.
- Rules :** **Current WT Rules Apply to Black Belts**
All COLOR BELTS - NO FACE KICK ALLOWED
UNDER 12 BLACK BELT - NO FACE KICK ALLOWED
12 AND UP (CADET +) BLACK BELT - FACE KICK ALLOWED.
- Poomsae :** Male and Female: Cadet (12-14), Junior (15-17), Under 30 (18-30), Under 40 (31-40), Under 50 (41-50), Under 60 (51-60), Under 65 (61-65), and Over 65 (66+)
Mixed Pairs: Cadet (12-14), Junior (15-17), Under 30 (18-30), Under 40 (31-40), Under 50 (41-50), Over 50 (51+)
All Black Belt poomsae competitors 12 years and above will require official WT uniforms
- BC Open will be the official Team Trials for the following Poomsae Divisions:**
- Recognized Individual - Junior, Under 30, Under 40
Recognized Pairs - Jr, Under 17, Over 17
Recognized Team - Jr, Under 17, Over 17
- Freestyle Individual - Junior, Under 30, Over 30
Freestyle Pair - Under 17, Over 17
Freestyle Team - Under 17, Over 17
- Highest scoring BC member from the divisions mentioned above will be declared our #1 ranked athlete of 2024 and represent BC at the 2024 Nationals.
- The tournament committee reserves the right to change categories as needed.**
- Awards :** **1ST / 2ND / 3RD Medals**
- Qualifications :** As according to the WT Taekwondo Federation of B.C. Constitutional bylaws.